

## 20<sup>th</sup> April – 24<sup>th</sup> May 2026

<b>Mon</b>	07:00 – 10:30	Early Risers Lane Swimming (09:00 finish 20 <sup>th</sup> April)
	11:00 - 13:30	Public Session (lessons sharing pool)
	14:00 – 15:45	Public Session
	18:00 – 21:00	Public Session (lessons sharing pool)
<b>Tue</b>	07:00 – 09:00	Early Risers Lane Swimming
	11:00 - 13:30	Public Session
	14:00 – 15:45	Public Session
<b>Wed</b>	15:00 – 16:00	Public Session
	18:15 – 19:00	Aquafit
	20:15 – 21:00	Public Session (19:15 start from 13 <sup>th</sup> May)
<b>Thu</b>	07:00 – 08:30	Early Risers Lane Swimming
	08:30 – 09:30	AquaBlitz
	12:00 – 15:30	Public Session (lessons sharing pool)
	18:00 – 21:00	Except first two Thursdays each month – No Public Session
<b>Fri</b>	06:00 – 11:00	Early Risers Lane Swimming (09:00 finish 24 <sup>th</sup> April)
	12:00 – 15:30	Lane Swimming
<b>Sat</b>	08:30 – 10:00	Public Session (lessons sharing pool)
	12:15 – 13:15	Inclusive Swim (last two Saturdays each month)
	13:15 – 14:15	Fun Session
	14:30 – 16:30	Public Session
<b>Sun</b>	08:30 – 11:00	Public Session
	11:00 – 12:30	Family Session

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## Admissions

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	Single Admission	Block Card – 10 admissions
Adult	£5.10	£45.20
Senior (Over 65)	£3.70	£33.30
Junior (Under 16)	£3.70	£33.30
Concession	£2.70	£27.00
Aquafit	£7.20	£64.10

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**Children aged under 8 years old must be accompanied by an adult aged 16 years or older.**

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This timetable is subject to change, please call reception (01624 823930) for the most up to date information.

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Private swimming lessons may occur in any public session.

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**Please note that we are closed Bank Holidays.**

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